



Soulestial Musings™

~ December 2013~

Joy



You can bring joy to your life no matter the circumstances. It is up to you to be in a joyful state. It is your inside job. Joy isn't only a state of mind, it's a state of being. Be joy!

Quote

“When you do things from your soul, you feel a river moving in you, a joy.” ~ Rumi

Bring Joy to Your Life

Songs of joy during the holiday season are a reminder to capture the joys of life, both large and small. We often take the little things for granted, such as the sunrise, a friendly smile, a lover's touch. Yet it's those little joys that add up over time to make life a joyful and meaningful adventure.

What little things bring you joy? They need not matter to anyone else but you. In their simplicity lies their inherent value. You may fancy a walk in the woods, a lone bird's song, a shooting star. As they say, the best things in life really are free.

What big things bring you joy? Remember, these things may not be material. They could be mental, emotional, or spiritual. Perhaps you received a windfall from a relative or a priceless family heirloom. Maybe your home brings joy to you and those who share it. You may have completed a spiritual rite of passage that brought joy born of wisdom.

Many things can bring you joy if you look for them. They are around you every day in sights, sounds, and activities. Like beauty, joy truly is in the eye of the beholder. It is your experience of joy that makes it yours. Take time today to acknowledge joy. See, it's right there within your grasp. Take hold of it. Never let it go. After all, it's yours.

Blessing

May this holiday season bring joy to you and your loved ones. Whether you stay close to home, or travel wide and far, know that the blessings of joy are always with you. Namaste!

Light Language

Learn to read and write in light. Communicate at light speed. Redirect your life. Change the lives of others. Impact your community. Make a difference in the world.

The following Light Language classes are available:

- LL1 – Beginning Light Language
- LL2 – Intermediate Light Language
- LL3 – Advanced Light Language
- AP – Advanced Principles of Light Language

Divine Intervention

Divine Intervention is an intensive course in self-mastery, transformational healing, and shamanic principles. It is a healing modality passed down through generations from the Mayans and Aztecs to Mexican Curanderos to healers of today. Participate in miracles and magic on this path blended of both heaven and earth.

Contact

Call (512) 343-7679 or email Kim@SevaSoulas.com. Visit our Web site at www.SevaSoulas.com. Private one-on-one tutoring is now available, either in person or via Skype.