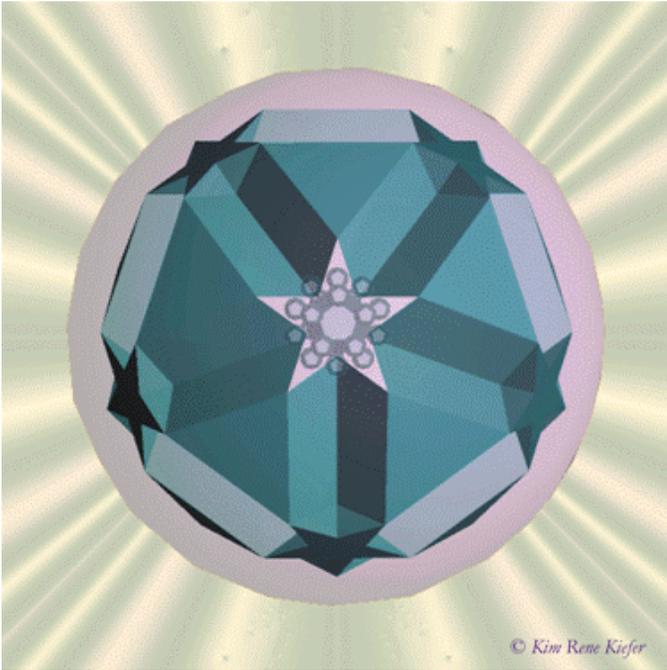




Soulestial Musings™

~ February 2013 ~

Fearless



Like the lion in Wizard of Oz, you doubt yourself. Fear and worry take over. You begin to lack confidence and courage falls by the wayside. Being fearless means having a courageous heart. It is gumption, chutzpah, and moxie. Make your mark in the world. Have courage. Be fearless.

Ladybug

A symbol for wishes fulfilled, the ladybug is magical. It seems to show up at the oddest times and in the strangest places — your car, your office, your kitchen, your front door. Ted Andrews states, “Ladybug’s appearance signals new happiness, often with material gains.” Next time a ladybug alights on your person ... Make a wish. Set it free.

Quote

“Courage is being scared to death — but saddling up anyway.” ~ John Wayne

Love Is a Four Letter Word by Jason Mraz

This CD is chock full of feel-good songs. It's clear that Jason has done some spiritual homework. From uplifting to thought-provoking to plain fun, his simple yet direct lyrics will touch, move, and inspire you. Looking for a little more L-O-V-E in your life? Look no more. Hit the music store and increase your love vibration.

2013: Year of the Water Snake

The Chinese are not so happy with this year's sign. Why not? Unlike a lucky dragon, a snake is not so well-liked and often feared. Even so, snake people have a certain charm.

Snakes historically get a bad rap. Slimy and sinister like Voldemort's snake in Harry Potter. Wicked and deceptive as the serpent in Eden. Indiana Jones even disliked snakes.

Yet, snakes are symbolic of transformation. Shedding skin is a kind of rebirth. Snakes are associated with kundalini energy. The caduceus, a symbol of healing, includes two serpents. In many shamanic traditions, serpent represents DNA. Some tribes used snake venom as an initiation.

There is a duality to the snake. Sinister and sacred, it stands for death and rebirth. Snake deserves your respect. Not your fear. It is a creature that has a place. Honor that place. Transmute fear into courage.

Lent: Living on Borrowed Time

Each lifetime is a gift to be cherished and lived in the moment. Time is squandered on useless pastimes, needless worries, and senseless games. How to turn it around?

Pastimes have value. A good novel or movie with a lesson that hits home. Most of your worries have no basis in fact. Yet, some are opportunities for you to take action. As for games, some may seem to be a waste of time and energy. Other games may contribute to your growth by stimulating your mind, invigorating your heart, supporting your soul.

Lent is a time to lend value to your time on earth. Honor that Spirit within you, no matter what you call it (Christ, Buddha, etc.). Value the time lent to you in this lifetime. Make the most of it. Use it wisely or it will use you. After all, you are living on borrowed time. We all are.

Upcoming Events

Light Language classes to be scheduled in February and March 2013. Learn how to read and write in light!

Contact

Call (512) 343-7679 or email Kim@SevaSoulas.com. Visit our Web site at www.SevaSoulas.com. Private one-on-one tutoring is now available, either in person or via Skype.