



Soulestial Musings™

~November 2011~

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Gratitude



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Gratitude is a great attitude. As Thanksgiving approaches, it is a time for us to count our blessings and give thanks. Take stock of all the wonderful things in your life, great and small. Revel in the wonder of a sunrise, crisp colorful autumn leaves, freshly fallen snow, or a newborn baby. Your attitude colors your outlook, so take time to reflect on all the blessings in your life and be thankful for each and every one. Remember, even those seeming challenges have a silver lining for which to be grateful. Look for it, learn from it, embrace it, and move forward with grace.

Quote

“For every breath, for every day of living
 This is my Thanksgiving.”
 ~Thanksgiving, *Inside Job* CD by Don Henley

Eagle Eyes

Eagles are one of the most powerful birds of prey. They possess superior vision and an ability to soar to great heights. This combination allows them to see far and wide with *eagle vision*. You can put the gift of eagle vision to work for you. Take the opportunity to step back from a situation. Look at it from a higher perspective. You will see things in a much different way. A bigger picture will emerge. As your heart expands, you will embrace a new point of view that will lead you to potential solutions.

Poet's Corner

November Night

Tiny fire burning bright,
 Shadows cast upon the wall
 By the dancing firelight,
 In a dimly lit hall
 On a cold November night —
 A beautiful night in fall.

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The Power of 11-11-11

This day is a magical blend of interesting yet subtle energies. In numerology, 11 is considered a master number. It carries the vibrations of 1, 2, and 11.

- 1 is the energy of Independence.
- 2 is the energy of Cooperation.
- 11 is the energy of God and Spirit.

The number 11 is also associated with healing.

- 1 is the tower in the sky, reaching toward heaven.
- 2 is part of a pair of swans, half of a heart.
- 11 is the lightning bolt, jolt of transformation.

No matter where you are on 11-11-11, take time to tap into the cosmic energies of healing and transformation.

Upcoming Events

Stay tuned for upcoming classes in 2012.
 Visit our Web site and read about Light Language.

Contact

Call (512) 343-7679 or email Kim@SevaSoulas.com.
 Visit our Web site at www.SevaSoulas.com.