



# Soulestial Musings™

~August 2011~

## Table of Contents

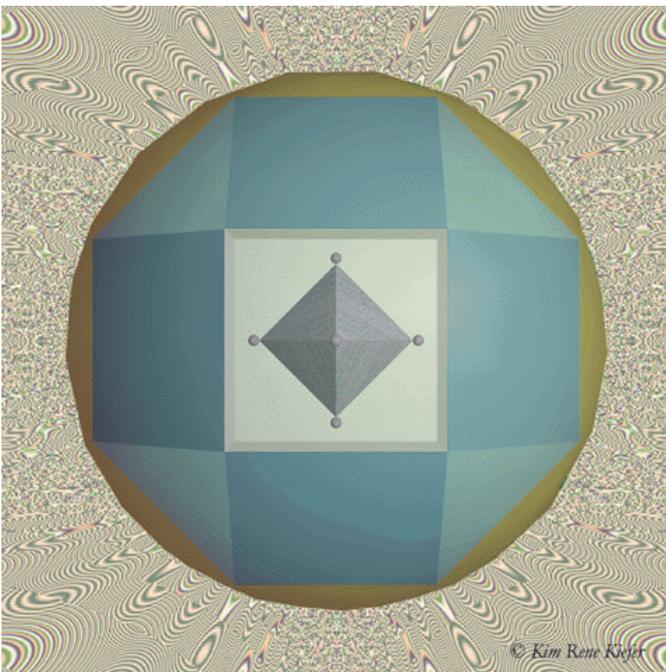
Resources .....	1
Be Resourceful ~ Sing a New, Bold Song .....	1
Poet's Corner.....	1
Upcoming Events.....	1
Contact Us.....	1

## Be Resourceful ~ Sing a New, Bold Song

Ever watch a wren build its nest? It's amazing to watch, especially right outside your front door. The male uses leaves, string, plastic, and whatever is available. He builds more than one, so the female has her pick. Once she settles in, this is where she lays her eggs, raises her brood, and sings her song.

You can learn a lot from wren's resourcefulness. Look at your life. What resources are at your fingertips? Are you using them appropriately? Ever listen to a wren sing? For such a tiny bird, they have a very big sound. What song do you sing? What sound are you making in your life? It's time to be resourceful, to sing your new, bold song. After all, nobody can sing it like you!

## Resources



Resources come in many forms ~ physical, mental, emotional, and spiritual. What comes to your mind? Physical resources include your physical abilities, items at your disposal, your financial assets, and perhaps personal tools. Mental resources include your intelligence, your street smarts and common sense, your education and important books. Emotional resources include your emotional intelligence, your maturity, and your own sense of self. Spiritual resources range from your spiritual practice to your spiritual community of light-minded souls. Mother nature is a resource that spans all four areas. You are physically nourished by the food you eat. You receive mental-emotional stimulation in nature. You gain spiritual connection through elements and animals. You are part of a Web of infinite resources, at your disposal at any time and in any moment.

## Poet's Corner

### Carolina

Wren trills away  
In a tree right  
Outside my window  
How she sings  
To happily greet  
This new day  
She never  
Misses a note  
Her skill is superb  
Her melody flawless  
Her mien unabashed  
There is no shyness  
Nor reluctance  
No false twittering  
On her part  
She is just happy  
To be in the moment

~ Kim Rene Kiefer

## Upcoming Events

### Reshape Your Aura, Shape Up Your Life

Decode your aura. Work with your chakras to reshape your aura, thus fine-tuning your unique vibe. Turn up bandwidth, tap into universal laws, tune into cosmos ... at speed of light! 9/3 – Beginning, 9/4-5 – Intermediate, 9/5 – Principles, 9/10-11, 9/17-18 – Advanced

## Contact Us

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