



# *Soulestial Musings™*

~March 2011~

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## ***CASH Advance***

Cash is not money or investments or credit. It is exactly what it seems – cold, hard cash. Consisting of bills and coins that we exchange, it has value in our society. Yet, it's more than that. Cash is energy. When we exchange cash for something, we are exchanging energy. A cash transaction is completing an energetic circuit of giving and receiving. Cash flow is about the flow of that energy in both directions. There are things that can obstruct this flow – beliefs, vows, patterns, fears. Each of us has the ability to move beyond them. There are limitless possibilities to generate cash. We only need to get ourselves out of the way.

## ***Emergence***

Spring is here at last. The wind blows and leaves fall. These last vestiges of Winter float to the ground to make way for the new growth to come. We are poised on a precipice – the old falling away, the new emerging from within us like the tree. Our dreams have lain dormant, the winds are now cleansing our palette, and our future begins to bud before us.

Spring is a time of renewal and preparation for the new growth ahead. By Summer, your emergence will be in full swing. Your soul holds the blueprint for the unfolding of your life. Connect with the Earth and Source in the same way as the tree. Connect your mind and your heart to release the seeds within your soul. Allow yourself to fully blossom into the fullness of who you are.

## ***Let Go, Release, Refill, and Grow***

Lent is a time to let go of old habits and things that no longer serve us. It is a time to cultivate a “wholly” habit. When something is released and cleared within us, we need to refill that part of ourselves with love and light. When we let go of an old habit, we need to replace it with a positive habit. It takes a 28-day cycle to reinforce, maintain, and grow a positive habit.

A wholly habit applies to any level. It's not all about spiritual pursuits. It's about your well-being and wholeness in all areas of your life, including your spiritual life. For example, on the physical plane one must care for a physical body. We've all heard that our body is a temple.

What wholly habit can you cultivate to support the well-being of your body temple? It could be a small change, such as committing to a short walk each day. It could be a larger commitment, such as eliminating a certain food. Instead of focusing on what we are giving up, let's focus on that we wish to embrace and empower. Consider all the foods that you can eat rather than those things that you wish to avoid. Remember, what we resist persists.

Let go with ease, release with joy, refill with love, and grow in spirit!

## ***Poet's Corner***

### **Destiny**

Surrender

A voice whispered to me

Surrender

It echoed through the mystery

Follow your heart

And you will see

You were meant

To fulfill your destiny

~ Kim Rene Kiefer

## ***Calendar of Events***

Light Language classes are scheduled for the week March 12-19, 2011. Please see our 2011 Calendar.

## ***Light Language Gathering***

For any and all Light Language folks in Austin and the surrounding area. Let's come together to share ideas, complete those nagging grids, and co-create God grids for the greater good. Please send an email to [Kim@SevaSoulas.com](mailto:Kim@SevaSoulas.com) with potential dates.

## ***Work in Progress***

Our splash page is up at [www.SevaSoulas.com](http://www.SevaSoulas.com). The Web site itself is currently under construction and is a work in progress. We appreciate your patience during this time of transition and transformation. An announcement will be sent out when our Web site is available. We look forward to serving you!

## ***Contact Us***

For more information, please contact us at (512) 343-7679 or [Kim@SevaSoulas.com](mailto:Kim@SevaSoulas.com).