



Soulestial Musings™

~February 2011~

Table of Contents

Fae Fever Has Struck.....	1
Participate!.....	1
Scared versus Sacred.....	1
Poet's Corner.....	1
Love Letter from an Angel.....	2
Stress is Fear.....	2
Calendar of Events.....	2
Work in Progress.....	2
Contact Us.....	2

Fae Fever Has Struck

The third in Karen Marie Moning's Fever series, Faefever packs a punch. After reading it non-stop, it was clear that the others had to be read. From beginning to end, you'll be hooked on these action-packed page-turners. MacKayla Lane's adventures with the Fae have been likened to those of Buffy the Vampire Slayer. Stay tuned for Moning's fifth installment Shadowfever, which will be available on January 18th. Other books in the series include Darkfever, Bloodfever, and Dreamfever. Visit <http://www.karenmoning.com>.

Participate!

In order to create community, we must choose to participate. This often means stepping out of our comfort zones and exploring uncharted territory. It is our ability to commit to others, and it is our ability to commit to ourselves. We must choose to honor those commitments we've made with God and our Higher Self. We suit up and show up, in spite of outside influences or circumstances. We do not let our thoughts or feelings get in the way.

Consider your breathing—is it deep, shallow, slow, rapid? According to master teacher and healer Starr Fuentes, the amount we breathe is equivalent to the amount we participate in life. So relax, close your eyes, take a very deep breath, and jump in with both feet. Take a leap of faith like The Fool, and you'll take your participation to a whole new level.

Scared versus Sacred

Recently shared information from intuitive healer Brook Still spoke about changes in our future. Although some of these changes might inspire fear, the flip side is that they could also inspire love. The choice is up to us. Whether they occur this year or in the years to come, we will experience potentially significant planetary shifts as our galaxy realigns itself. It is possible that we may have a short period of darkness—literally.

Perhaps this is our planetary dark night of the soul. It truly does come down to fear and being scared, or love and being sacred. Which will you choose? We will have an unprecedented opportunity to go deep within ourselves. With love in our hearts, we can rise to the occasion, support one another, raise our vibrations, and move into a higher level of consciousness. As someone very wise once said, "Prepare for the worst and expect the best."

Poet's Corner

I Will

Cloud my mind
With shades of the truth
I will still see clearly

Break my heart
Into a million pieces
I will still love you anyway

Shatter my soul
From the inside out
I will still long for you

Divide my being
Into shards of nothingness
I will still be complete

~ Kim Rene Kiefer

Love Letter from an Angel

A lovely Valentine's Day message seemed heaven sent. While out enjoying the fresh air and sunshine, I came across a letter anchored to the earth by a stone. Its message reminded me of how important it is for us to love and appreciate one another.

The author expressed heartfelt feelings for this other person. They loved their warm and compassionate nature. They valued the energy and light that fueled their passion for life. They expressed gratitude to this person for inspiring them to be a better human being. That somehow, they had reached a place of unconditional love.

What a gift to share on this Valentine's Day. Look for the angels who have brought light into your life. Who are they? Take time to thank them for their meaningful contribution. Let them know they made a difference in your life.

Stress is Fear

During a recent visit to my chiropractor, she shared something profound. Donny Epstein, the founder of Network Spinal Analysis, said that stress is fear. Contemplation of this statement had me realize its truth. While lying on the table, I recalled my trip to her office. I was stressed on the way because I was afraid of being late. This caused me to look at other recently stressful events in my life to see if there was an underlying fear that had contributed. Wow! It was amazing to find that nearly every stressful situation had some fear or another tied to it. My suggestion to you ... Next time you are feeling stressed out, check in with yourself to see if there is some sort of fear at work. You might be surprised at what you find.

Calendar of Events

FEBRUARY 2011

Austin, Texas

CASH FLOW Class

Want more cash in your life? Transform your relationship to cash. Learn energies of cash, money, abundance, and more. Uncover limiting beliefs. Release vows of poverty. Clear financial karma. Receive healing energies to manifest more cash. Saturday, **February 19** * 9:00 a.m. - 1:00 p.m.
Investment: \$44

MARCH 2011

Austin, Texas

Mayan-Aztec Sacred Geometry Classes

Use colored sacred geometry to reconfigure your aura, increase light, catapult your life, and heal our earth. Learn the meaning of geometric shapes and colors, and how to create specific and meaningful combinations.

Put your learning to practical use in your daily life and environment. Create personal prayers (grids) to the Universe for love, career, cash, health, and more. Manifest your heart's desire!

Beginning Light Language (LL1)

Saturday, **March 12** * 9:00 a.m. - 1:00 p.m.

Investment: \$83 * Deposit: \$22

Intermediate Light Language (LL2)

Saturday, **March 12** * 2:00 p.m. - 8:00 p.m. AND

Sunday, **March 13** * 9:00 a.m. - 8:00 p.m.

Investment: \$333 * Deposit: \$83

Advanced Light Language (LL3)

Monday-Friday, **March 14-18** * 9:00 a.m. - 6:00 p.m.

Investment: \$1,550 * Deposit: \$333

Advanced Principles

Saturday, **March 19** * 9:00 a.m. - 6:00 p.m.

Prerequisite = LL1, LL2

Investment: \$110 * Deposit: \$33

Deposits due two weeks before class.

Light Language Gathering?

For any and all Light Language folks in Austin and the surrounding area. Let's come together to share ideas, complete those nagging grids, and co-create God grids for the greater good. Please send an email to kim@sevasoulas.com with potential dates.

Work in Progress

Our splash page is up at www.sevasoulas.com. The Web site itself is currently under construction and is a work in progress. We appreciate your patience during this time of transition and transformation. An announcement will be sent out when our Web site is available. We look forward to serving you!

Contact Us

For more information, please contact us at (512) 343-7679 or kim@sevasoulas.com.